



# 2021-2022 Checklist For Newly Enrolled Students



Whether your child is starting as a kindergartener or transferring from another school, you'll need to follow certain steps. Use this checklist as a guide – and be sure to talk to your school for more details.

Check when complete	Task	For more information	Notes
	<b>Make sure your student is enrolled in school!</b> You'll need: <ul style="list-style-type: none"> <li>• Their birth certificate</li> <li>• Proof of their address</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">VDH Vital Records Website</a></li> <li>• <a href="#">VDOE School Enrollment Website</a></li> <li>• Check with your school</li> </ul>	Record the date you enrolled
	<b>Visit your child's doctor for an exam and immunizations to complete school entrance and sports physical forms.</b>  <b>ALL STUDENTS:</b> For these forms to be complete, your child will need these immunizations (or a completed religious exemption certificate):  <b>Kindergarten:</b> Hepatitis A <b>Grade 7:</b> Tdap, HPV*, Meningococcal <b>Grade 12:</b> HPV*, Meningococcal  <b>This list includes new vaccination requirements!</b> *Note: parents or guardians may opt for their child not to receive the HPV vaccine.  <b>ATHLETES:</b> Students participating in school sports will need a completed sports physical form, to be filled in by a doctor.	<ul style="list-style-type: none"> <li>• <b>For printable school entrance health forms:</b> <a href="#">VDH School Health Forms Website</a></li> <li>• <b>To learn more about new requirements:</b> <a href="#">VDH Immunization Website</a></li> <li>• <b>For information on finding FREE school-required vaccines for children:</b> <a href="#">Virginia Vaccines For Children</a> and the <a href="#">Virginia Health Department Locator</a></li> <li>• <b>For a Virginia High School Athletic League sports physical form for participating in school athletics:</b> <a href="#">VHSL Sports Physical Form</a></li> </ul>	Record the doctor's visit date and list all immunizations received
	<b>Visit a dentist for a back-to-school checkup.</b> Note: If your family is insured through Medicaid, both children and adults are now covered for dental care in Virginia.	<ul style="list-style-type: none"> <li>• <b>Ask your school nurse for information about school-based dental clinics</b></li> <li>• <b>To find a dentist:</b> <a href="#">VDH Oral Health page</a></li> <li>• <b>For more details on Virginia's expanded Medicaid coverage:</b> <a href="#">Virginia Medicaid</a></li> </ul>	Record date of visit to the dentist and any notes
	<b>Ask your school about COVID-19 safety measures and rules – and get your children vaccinated for COVID-19 if they're age 12 or older</b>	<ul style="list-style-type: none"> <li>• <b>For a list of questions to ask your school:</b> <a href="#">Healthy Buildings' Schools for Health site</a></li> <li>• <b>To find a free COVID-19 vaccine for your child age 12 or older, go to</b> <a href="#">Vaccinate Virginia</a></li> </ul>	Record date you touched base on rules
	<b>Do an emotional wellness check.</b> Ask your children how they feel and seek help if they need it.	<ul style="list-style-type: none"> <li>• <b>For prevention strategies and programs</b> visit the <a href="#">Department of Education</a></li> <li>• <b>For emotional wellness and suicide prevention support,</b> visit <a href="#">Be Well VA</a></li> </ul>	Record date you had a discussion on mental wellness
	<b>Seek out disability or special education support services if you need them.</b>	<b>For disability and special education details:</b> <a href="#">VDOE Special Education site</a>	Record notes on actions to take